



## **The Stomydo promotes quality of life!**

Fear of leakage is something almost all people (93%) with an ostomy worry about. How you turn it around, a stoma has its limitations. Skin irritations (small wounds, infections or eczema), itching and leakages are examples of such restrictions. There is a high level of ostomates don't complain about it - "It's part of the job" - or "I've got to learn to live with it", are frequently heard responses.

But still it has an enormous impact on the daily life of an ostomate.

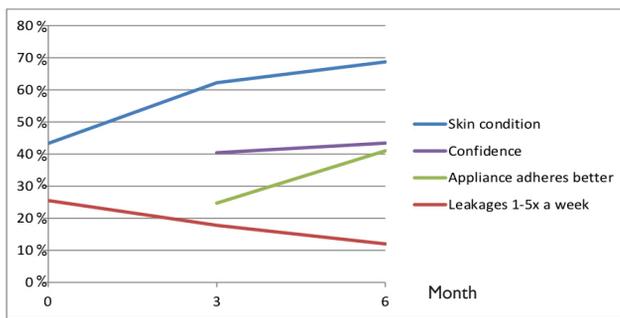
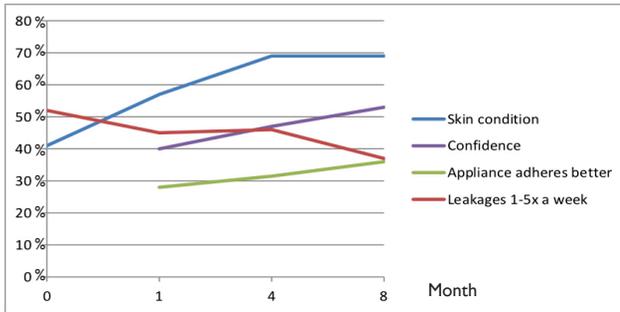
With the Stomydo stoma-shower, ostomates can care their ostomy and the peristomal skin to the sink. First of all hygienic, fast and efficient.

But the massage through the lukewarm (water) jets, in combination with the special Skin-ring, stimulates the skin and gets a better blood flow.

Skin irritations are reduced or even disappear altogether.

No more discomfort and the appliance adhere better to the skin. Leaks are becoming a rarity!

**That's stoma care at its best!**



## The result

The Dutch health insurers CZ and VGZ have tested whether the use of the Stomydo stoma-shower improved the quality of life, the condition of the skin and whether the use of the stoma-shower could lead to a decrease in the use of devices and accessories. During these investigations, it became clear that the skin condition did indeed improve, also the quality of life (self-confidence) got better, the appliance adhere better and the leaks decreased (1 to 5 times a week). The Stomydo stoma- shower produces a lukewarm (water) massage jet that not only cleans the stoma, but also improves the blood circulation in the peristomal skin (the skin around the ostomy). The targeted approach significantly improves the skin within a short period of time. Itching, skin irritations and wounds recover faster and even disappear altogether.

The (correct\*) appliance adheres better and leaks are reduced.

\*Always make sure you have the right appliance for more information, please contact your stoma-nurse or the supplier of your devices. The results were measured over a period of 8 months (CZ) and respectively 6 months (VGZ) with a total of 450 testers. CZ opted for a selective choice of the participants and VGZ opted for a random choice of participants.



**30%**

Stomydo users experienced an improvement in skin quality within four weeks.



**34%**

Less of the respondents suffer from leaks



**36%**

Stomydo users have noticed that the appliance adheres better after using the stoma-shower.



**31%**

The users indicated that they suffered less from skin irritations, such as wounds, eczema, wild meat or granulomas.



**30%**

Of the testers stated that the quality of life through the use of the stoma shower was improved.



**6-25%**

Can savings be made on the costs for devices and accessories, such as creams, pastes, powders, gauzes, etc.

### The story of an ostomate

“I tested the stoma-shower and after one week I saw already a difference. After years of misery my skin is finally healthy again and I have no more leaks. My appliance adheres better and the skin feels supple and healthy.”

- Henriëtte, 58 years old -



Month



# Experiences

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## **Brigitte Bocken - Ostomy nurse**

“The patient in question had very bad skin and regularly a leak. We’d tried a lot of things before. Unfortunately, nothing really seemed to help. The lady went to test the stoma-shower and the skin problems decreased.”



## **Barbara Beckers - Stomydo user**

“It used to be a bit of a muddle in the bathroom. Now I can take a nice shower one day and the next I use the stoma-shower to clean the skin around my stoma. In just ten minutes I’m outside the bathroom, fresh and fruity.”



## **Jacques Duiven - Innovation manager CZ**

The Stomydo Stoma-shower in all its simplicity is a unique innovation that can optimally support the user in the care of the stoma and peristomal skin. For those with difficult skin, it’s definitely worth using the product.”



## **Kelly Beckers - Stomydouser**

“The first time I used the stoma-shower, I just had a leak. This is common with my ileostomy. My stool is always very thin. Normally I always had to take a shower because it was impossible to do it with a gauze. After using the stoma shower I feel a lot cleaner, and I’ve got a lot less leakages now. My skin has recovered well. I never expected to get these results. I can’t live without the stoma-shower. It’s a very handy device and it saves me a lot of time. I’d recommend the stoma-shower for every ostomate.”

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